

What is a coronavirus?

They are a large family of viruses which may cause illness in animals or humans.

In humans, coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as MERS and SARS.

The most recently discovered coronavirus causes COVID-19.



What is COVID-19?



COVID-19 is the infectious disease caused by the most recently discovered coronavirus.

This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

COVID-19 is now a pandemic, which means it is affecting many countries globally.

What are the symptoms of COVID-19?

The most common symptoms of COVID-19 are fever, continuous dry cough, loss of taste or smell and tiredness.

Other symptoms that are less common and may affect some patients include aches and pains, headache, or a rash on skin.

These symptoms are usually mild and begin gradually. Some people become infected but only have very mild or no symptoms.



How many people recover from COVID-19?

Most people (about 80%) recover from the disease without needing hospital treatment.

Around 1 out of every 5 people who gets COVID-19 becomes seriously ill and develops difficulty breathing. Older people, and those with underlying medical problems are at higher risk of developing serious illness.

However, anyone can catch COVID-19 and become seriously ill.



How does COVID-19 spread?



The disease spreads from person to person through small droplet from the nose or mouth, which are expelled when a person coughs, sneezes, or speaks.

People can catch COVID-19 if they breathe in these droplets from a person infected with the virus. This is why it is important to stay at least 1+ metres away from others.

These droplets can also land on everyday objects and surfaces. People can become infected-by touching these, then touching their eyes, nose or mouth.

How can I protect myself and prevent the spread of the disease?



Regularly wash your hands thoroughly with soap and water or if you do not have access to these facilities use an alcohol-based hand sanitiser.

Why?

Washing your hands with soap and water or using alcohol-based hand sanitiser kills viruses that may be on your hands.

How can I protect myself and prevent the spread of the disease?



Avoid touching eyes, nose and mouth.

Why?

Hands touch many surfaces and can pick up viruses.

Once contaminated, hands can transfer the virus to your eyes, nose or mouth.

From there, the virus can enter your body and infect you.

How can I protect myself and prevent the spread of the disease?



Make sure you cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands.

Why?

Droplets spread the virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

Why have we had to stay at home?



As an entire nation we have been in 'lockdown' to help reduce the spread of COVID-19.

This meant the number of people each person could infect was reduced.

This is so the hospitals and staff were not overwhelmed with the amount of cases that needed urgent care.



How can we stay safe in school?



Moseley Park have put many procedures in place to make sure you can come to school and stay safe.

Here is a look at what you will see in school when you return. . .



- A ONE WAY system to move around the school to avoid crowds in the corridors.
- A designated area for your year group to socialise in before school, during lunch times and break times.
- A grab & go system for food from the Dining Hall at lunchtimes.
- A different entrance and exit for each year group as much as possible.
- Hand sanitiser and anti-bac wipes in all classrooms.
- Hand sanitiser around the school, on corridors for regular use.