

BTEC Tech Award in Sport (2022)	Course Overview- Student who select to study sports at level 2 will complete the BTEC Tech award course. Our KS4 students will complete 3 components across 2 years that comprise of essay writing, delivering PowerPoint presentations and planning and leading sports specific sessions. This course gives our students an opportunity to develop sector-specific applied knowledge and skills through realistic, local, vocational contexts. Students will apply their knowledge and skills by investigating local provisions, facilities, equipment and technology, planning and delivering sessions and finally applying fitness testing and methodology to improve health and well-being.											
Year	Year 10								Year 11			
Components (Units)	Component 1 – Preparing participants to take part in sports and physical activity. (36 GLH)				Component 2 – Taking part and improving other participants sporting performance. (36 GLH)				Component 3 – Developing fitness to improve other participant’s performance in sport and physical activity. (48 GLH)			
Unit content	Explore types and provision of sport and physical activity for different types of participants Examine equipment and technology required for participants to use when taking part in sport Prepare participants to take part in sport and physical activity.				Understanding how difference components of fitness are used in physical activity Participate and understand the roles and responsibilities of officials Demonstrate ways to improve participant performance				Exploring the importance of fitness for sports performance Investigate fitness testing to determine fitness levels Investigate methods of training Investigate fitness programming			
Knowledge acquired	<ul style="list-style-type: none">Types of sports and providers of physical activityParticipants needsBarriers to participationSports clothing and equipmentTechnology in sportsLeading a warm up				<ul style="list-style-type: none">Components of fitnessTechniques and skillsOfficiatingRules and regulationsPlanning a skill based session				<ul style="list-style-type: none">Fitness training principlesExercise intensity levelsFitness testingNormative dataTraining methodsGoal setting			
Career pathways	A Levels in sport and a range of subjects Vocational level 3 courses such as BTEC National in Sport Sports apprenticeships											
Assessment methods	Essay writing PowerPoint presentations Practical delivery Filmed or live demonstrations				Essay writing PowerPoint presentations Practical delivery Filmed or live demonstrations				Formal written exam 1hr 30 60 marks			
Assessment strands	PASS	MERIT	DISTINCTION	DISTINCTION *	PASS	MERIT	DISTINCTION	DISTINCTION *	PASS	MERIT	DISTINCTION	DISTINCTION *