

Year 7 Assessment		Cognitive	Social	Physical
		Decision making/ knowledge/ analytical/ confidence	Emotional/ effort/ attitude	Skill acquisition/ fitness/ competition
Mastering	7M	I can implement my own tactics, strategies and ideas and I demonstrate a measure of creativity within my performance.	I can demonstrate self-control, listen well and communicate with others and demonstrate a positive and respectful attitude towards my peers.	I can replicate basic skills in competitive situations with a range of success. I am now beginning to apply advanced skills and movements into practice.
Securing	7S	I have some confidence and can show some independence. I can use simple tactics, strategies and ideas when supported by staff and peers.		I can demonstrate basic skills and techniques in practice situations with success.
Developing	7D	I can apply simple fundamental movement skills in an activity, at the right time, to enable me to attempt it.	I communicate with teachers and peers within my group and always arrive prepared for learning.	I am working towards a basic level of technical accuracy, with a little precision, control and fluency within practice situations.
Emerging	7E	I can follow simple rules and instructions within an activity. I understand why we warm up and cool down.		I can use simple fundamental skills such as throwing, catching and running with little control and success.