

Health and Social Care Learning Journey

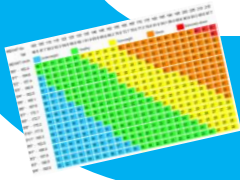
Post 16

Person centred improvement plan

Interpreting lifestyle data

Factors affecting health and wellbeing

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Care values

What values must be shown through care

Care services

Services that are available to support peoples health and wellbeing



Life events

How can support help us to adapt and how can our character traits hinder adaption

Life stages

How can factors affect our development



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Compassionate, Generous, Cheerful, Thorough, Shy, Outgoing, Determined, Dependable, Organised, Calm, Courteous, Resourceful, Impatient, Bold, Enthusiastic, Sincere, Confident, Gentle, Happy, Cautious, Friendly, Creative, Live!



Life events

How can life events cause us to adapt



Therapeutic activities

Activities that improve holistic development



NHS

National Health Service

How does the NHS support society



Charities

Why are charities important in society



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Health campaigns

How can a health campaign improve our health?