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| **Health and Social Care**  **Year 11** | In year 11, pupils will have completed all written assignments and will begin their external assessment component. This component will incorporate information taken from the previous component 1 and 2 and will include new content based around data interpretation and health care plans. The exam gives the opportunity for pupils to delve deep into the content they have learnt. | | | | | | | | | | | | | | | | |
| Term | **Autumn One** | | | | **Autumn Two** | | | | **Spring One** | | | | **Spring Two** | | | | **Summer One** |
| Main Focus | Unit 3 – Health and wellbeing exam | | | | Unit 3 – Health and wellbeing exam | | | | Unit 3 – Health and wellbeing exam | | | | Unit 3 – Health and wellbeing exam | | | |  |
| The Big Question | How do I interpret health? | | | | Can I improve my health? | | | | How can I revise effectively? | | | | How can I revise effectively? | | | |  |
| Knowledge | Interpretation of data, lifestyle indicators | | | | Person centred approach, actions and obstacles to overcome. | | | | Revision strategies, answering exam questions, understanding the structure of the exam. | | | | Revision strategies, answering exam questions, understanding the structure of the exam. | | | |  |
| Understanding | Students will learn how to interpret physiological data such as BMI, Heart rate and blood pressure. They will understand the risks to health if the results are abnormal and they will understand how to analyse data against normative values. | | | | Students will explore the use of the person-centred approach, taking into account the individuals needs, wishes and circumstances. They will evaluate how successful their plan will be and offer suggestions to overcome any potential barriers. | | | | Consolidate information about all three sections in preparation for the external exam. Students will learn exam skills and will gain a clear understanding of specific strategies. | | | | Consolidate information about all three sections in preparation for the external exam. Students will learn exam skills and will gain a clear understanding of specific strategies. | | | |  |
| Skills | Exam analysis | Interpretation | Data analysis | Explanation | Explanation | Evaluation | Justification | Analysis | Retrieval | Revision skills | Long exam answers | Synthesis | Retrieval | Revision skills | Long exam answers | Synthesis |  |
| Assessment | Exam style questions | | | | Mock exam questions, teacher assessed practices | | | | Mock exam questions, teacher assessed practices | | | | Mock exam questions, teacher assessed practices  External assessment | | | |  |