

Physical Education Year 7	Curriculum intent- Our aim is to develop the interpersonal skills of our students, providing them with opportunity to build courage, overcome challenges, work with others and truly understand the importance of PE and school sport. Our year 7 curriculum is designed to support the holistic development of our young learners, with a particular focus on the physical, cognitive and social strands. To allow for a smooth transition from primary PE our students will begin by going through a baseline programme that assesses the student’s physical literacy across a variety of different activities. Throughout the year our students will study 12 different sports, 2 per half term and will have a summative assessment at the end of each half term, using our head, heart, hands assessment policy.																							
	Year 7 Focus: Physical literacy																							
Term	Autumn 1				Autumn 2				Spring 1				Spring 2				Summer 1				Summer 2			
Curriculum skills	Skill acquisition, Confidence, Values, resilience & team work																							
Activity cycle (Sports covered)	Yr7 Baseline Assessment	- Basketball - Rugby - Netball - Gym			- Football - X Country - Hockey - Gymnastics - Handball - Basketball			- Orienteering - Gym - Trampolining - Dodgeball - Benchball - Handball			- Badminton - Handball - Dance - Tag rugby - Orienteering - Football			- Cricket - Athletics - Softball - Rounders			- Sports Education							
Knowledge acquired		Passing, dribbling, shooting, tackling, positioning, warm ups, cool downs, health and safety, circuit training.			Resilience, endurance, Passing, dribbling, shooting, tackling, aesthetics.			Navigation, aesthetics, routines, control, Passing, dribbling, shooting, tackling, warm ups, cool downs, health and safety, circuit training.			Navigation, aesthetics, routines, control, Passing, dribbling, shooting, tackling.			Co-ordination, teamwork, pacing, sprinting, throwing, jumping, striking, fielding.			Fair play, responsibility, team work, resilience, communication, game management.							
Assessment methods	Formative Assessment: Peer and self			Formative Assessment: Peer and self			Formative Assessment: Peer and self			Formative Assessment: Peer and self			Formative Assessment: Peer and self			Formative Assessment: Peer and self			Formative Assessment: Peer and self					
	Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.			Summative Assessment: Teacher assessed half termly Head, heart, hands.					
Assessment strands	Emerging	Developing	Securing	Mastering	Emerging	Developing	Securing	Mastering	Emerging	Developing	Securing	Mastering	Emerging	Developing	Securing	Mastering	Emerging	Developing	Securing	Mastering	Emerging	Developing	Securing	Mastering