



# Equilibrium

Redressing sexualised attitudes and behaviour

## Raising kids in a digital world Parent workshop

Live Online Webinar

Open to parents of children aged 5-15

### DATE & TIME

- Date: Tuesday 19th May
- Time: 13:00 – 13:45

### EVENT OVERVIEW

"We'll look at the risks children face online and explain how apps and websites really work in simple terms so you can help your child engage with the digital world in a healthy way."



## KEY FEATURES & TOPICS

### 1. How Apps Work

Ever wonder why apps are so engaging? We explain the simple tech and psychology behind the screen.

### 2. Spotting Risks

No jargon. Just clear advice on the real risks children face today and how to spot them early.

### 3. Healthy Habits

Practical tools to help your child enjoy the digital world safely while building their self-worth.

## CONTACT & REGISTRATION

Web: [www.engagedu.co.uk/equilibrium](http://www.engagedu.co.uk/equilibrium)

Email: [equilibrium@onlinebehaviours.co.uk](mailto:equilibrium@onlinebehaviours.co.uk)

